**SPORTS DRINK DONATION**

It is required that every player bring in One (1) Case (24 bottles of 20 ounces) of Gatorade or PowerAde to their first team sponsored dinner (dates to follow). Please place your last name on your case, along with your grade (Freshman, Sophomore, etc) and give to your Class Rep. This Gatorade/PowerAde will be used for Post Game Refreshment at Home and Away 9th grade, JV and Varsity games.

**TEAM DINNERS  
Chairperson: Rachel Iannini**

Every week there is a dinner for the Downingtown West Football players, Cheerleaders and Coaches immediately following practice. Thursday, August 25th will be the first team dinner for our 2016 season. We will be contacting parents to volunteer food items, as parents are responsible for donating requested food/drinks during your grade’s assigned week. We will send a SignUp Genius email. Items should arrive between 5-5:30 pm in the cafeteria. Parents are invited to help set up, serve, and clean up. This is a fun way to spend time with the team!

The dinner dates are:

**Friday, August 26  
Thursday, September 1**

**Thursday, September 8**

**Thursday, September 15**

**Thursday, September 22**

**Thursday, September 29 (*Homecoming parade – dinner will be a ‘to go’ meal*)**

**Thursday, October 6**

**Thursday, October 13**

**Friday, October 21**

**Thursday, October 27**

Please note that the cheerleaders bring complementary food.

As an example, the following is a list of the food and drinks we will need for our pasta dinners:

1. 6 people are needed for – Meatballs, about 4 pounds in a crockpot (total 20-24 lbs)
2. 6 people are needed for – Cooked Pasta with sauce, about 4 lbs in disposable pans (total 24 lbs)
3. 5 people are needed for – Desserts (cookies, cupcakes, etc.)
4. 5 people are needed for – Drinks ice tea, lemonade, or Gatorade (4 gallons from each person so total 20 gallons)

Other suggestions that may be considered in lieu of pasta may include: mac and cheese, taco bake, pulled pork, breakfast for dinner, etc.

Remember we are feeding approximately 160 **HUNGRY** Players, Cheerleaders, and Coaches AFTER PRACTICE each week. And we do not want to run out! THANK YOU!